



Date: August 4, 2015
To: Child and Adult Care Food Program (CACFP) Authorize Representatives
From: Community Nutrition Team
Subject: New Nutrition and Wellness Tip Sheet "Encourage Healthful Foods"

Available now on the Team Nutrition Web site – a new tip sheet has been added to Nutrition and Wellness Tips for Young Children: Provider Handbook for the Child and Adult Care Food Program.

“Supplement C: Encourage Healthful Foods” shows how child care centers and homes can encourage children to eat healthful foods by using easy, low-cost techniques similar to those that schools use from the Smarter Lunchrooms Movement. [Available to download](http://teamnutrition.usda.gov) from <http://teamnutrition.usda.gov>.

Community Nutrition Team
Wisconsin Department of Public Instruction



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